



The Well-Dressed Ape: A Natural History of Myself

Hannah Holmes

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DID YOU KNOW THAT

- we have more hair follicles than a chimpanzee
- a male boxer in top condition can punch with the force of a thirteen-pound mallet swung at twenty miles an hour
- the best human endurance runners can outlast a horse
- one odor above all is sexually stimulating to the human male: cinnamon buns
- our home-building skills compare nicely with those of the bagworm

With dry wit and penetrating insight, science journalist Hannah Holmes casts the eye of a trained researcher and reporter on . . . herself. And on our whole species. She compares the biology and behavior of humans with that of other creatures, exploring how the human animal fits into the natural world. Holmes also reveals the ways in which *Homo sapiens* stands apart from other mammals (and all other animals) in ways that are alternately admirable and devastating. Deftly mixing personal stories with the latest scientific research, Hannah Holmes has fashioned an engaging field guide to that oddest and most fascinating of primates: ourselves.

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