



Nutrition and Rheumatic Disease (Nutrition and Health)

Laura A. Coleman (Ed.)

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It is difficult, if not impossible, for health care providers to remain at the forefront of knowledge for all aspects of nutrition and rheumatic diseases. In *Nutrition and Rheumatic Disease*, experts provide a comprehensive review of current knowledge regarding nutrition and dietary management for the complex set of rheumatic conditions. Within the disease-specific chapters, the authors present a historical perspective, a discussion of the major clinical features, current management and treatment, a review of the literature related to nutritional status and diet, and dietary recommendations, based on current scientific evidence. The field of rheumatic diseases includes a wide variety of pathologic processes. Adequate reviews of the scientific literature on each of the rheumatic diseases in *Nutrition and Rheumatic Disease* alleviate the inherent confusion surrounding the risks and benefits of various dietary therapies.

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