



Handbook for Those Who Grieve: What You Should Know and What You Can Do during Times of Loss

Martin M Auz

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- How can I best help someone who has lost a loved one?
- How do I talk to a child about the death of a family member?
- What do I need to think about before I plan a funeral?

Confusion, bewilderment, and a lack of direction commonly surface in the aftermath of a death. It's also the time when dealing with the issues and emotions of the experience can lead to making hasty or unwise decisions.

In this revised edition of *Handbook for Those Who Grieve*, Martin M. Auz and Maureen Lyons Andrews offer concise, practical, topic-based lists and suggestions to help people immediately after a loss. Rather than philosophizing, theologizing, or rationalizing, the authors draw on their research and personal experiences to provide short but solid answers to help grieving people successfully deal with the countless issues and varied emotions that a person's death is sure to thrust upon them.



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Miriam Ellis:

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Harry Greene:

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