



## Use Your Head

*Tony Buzan*

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## **Use Your Head** Tony Buzan

Are you worried that you're not achieving your full potential? A few years after this classic book on how to improve your brainpower was first published, a fairly average student announced that he intended to try for a place at Cambridge University. His chances were assessed as slim', since his grades were usually unexceptional. But with the help of Use Your Head, he went on to achieve four As at A-level, two starred firsts at Cambridge and a top job with a multi-national company. Since 1974, Use Your Head has been translated into over 27 languages, has been published in five continents and 100 countries, has sold well over a million copies and still the demand increases! Use Your Head will: \*Teach you the vital skills of Learning How to Think and Learn. \*Increase your creative thinking and problem-solving capacity \*Enable you to make the best of your brain \*Provide you with both the confidence and the means to fulfil your own mental potential

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Spent a free time to be fun activity to complete! A lot of people spent their down time with their family, or their particular friends. Usually they carrying out activity like watching television, going to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? Could be reading a book may be option to fill your free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to try out look for book, may be the e-book untitled Use Your Head can be good book to read. May be it may be best activity to you.

#### **Donald Purcell:**

Playing with family in a park, coming to see the water world or hanging out with pals is thing that usually you have done when you have spare time, after that why you don't try thing that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Use Your Head, you can enjoy both. It is excellent combination right, you still want to miss it? What kind of hangout type is it? Oh can happen its mind hangout folks. What? Still don't buy it, oh come on its called reading friends.

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