



A Little of This, A Little of That: Health, Heart and Humor in an Italian-American Kitchen

Maria Dorfner

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Maria Dorfner shares 12 easy, authentic Italian recipes handed down from her grandmother and mother. Each recipe is shared with health benefits and humor, so anyone who wants to cook Italian meals for their family and friends will enjoy this cookbook. She comes from a large, close-knit Italian family. Cooking and food played a large role in their get-togethers. Her mother has eight siblings. Her father has six siblings. She has twenty-six cousins. They have enjoyed these recipes since they were kids. Maria wanted to save them in one place for future generations. The cover photo features her father's home in Italy.



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