



The Secret Language of Your Body: The Essential Guide to Health and Wellness

Inna Segal

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The Secret Language of Your Body is a comprehensive guide to understanding the messages of the body, revealing the underlying energetic causes of more than 300 symptoms and medical conditions. This powerful handbook explores nearly every conceivable part of the human body, delving deeply into the possible reasons for problems and offering a unique, step-by-step method to return the body to its natural state of health.

Intuitive healer Inna Segal encourages readers to connect and channel the *innate healing intelligence* within, calling on the body's built-in ability to heal itself. Gently guiding readers on a journey of personal transformation and empowerment, *The Secret Language of Your Body* is an invaluable resource for everyone interested in the inner workings of the human body, self-healing, and well-being.

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