



The Polarized Mind: Why It's Killing Us and What We Can Do About It

Kirk J. Schneider

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What do a school shooter, a corporate swindler, and a bullheaded ideologue have in common?-They all converge on what author Kirk Schneider terms "the polarized mind." The polarized mind, which is the fixation on one point of view to the utter exclusion of competing points of view, is killing us-personally, politically, and environmentally. Drawing from the standpoint of existential psychology, this book details the basis for the polarized mind, how it has ravaged leaders and their cultures throughout history (up to and including our own time), and steps we urgently need to take to address the problem. These steps combine contemporary insights with centuries of cross-cultural, awe-inspired wisdom.

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