



The Original Reiki Handbook of Dr. Mikao Usui

Mikao Usui, Christine M. Grimm

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Dr. Mikao Usui developed the Reiki System and founded the original Japanese Usui Reiki Ryoho Gakkai organization. This book shows you the original handpositions of Dr. Usui's Reiki Handbook. It has been illustrated with 100 photos to make it easier to understand. The hand positions for a great variety of health complaints have been listed in detail, making it a valuable reference work for anyone who practices reiki. Now that the original handbook has been translated into English, Dr. Usui's hand positions and healing techniques can be studied directly for the first time. Whether you are an initiate or a master, if you practice Reiki you can expand your knowledge dramatically as you follow in the footsteps of a great healer.

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