

### Race, Culture and Psychotherapy: Critical Perspectives in Multicultural Practice



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What is multicultural psychotherapy?

How do we integrate issues of gender, class and sexual orientation in multicultural psychotherapy?

*Race, Culture and Psychotherapy* provides a thorough critical examination of contemporary multiculturalism and culturalism, including discussion of the full range of issues, debates and controversies that are emerging in the field of multicultural psychotherapy.

Beginning with a general critique of race, culture and ethnicity, the book explores issues such as the notion of interiority and exteriority in psychotherapy, racism in the clinical room, race and countertransference conflicts, spirituality and traditional healing issues. Contributors from the United States, Britain and Canada draw on their professional experience to provide comprehensive and balanced coverage of the following subjects:

- critical perspectives in race and culture in psychotherapy
- governing race in the transference
- racism, ethnicity and countertransference
- intersecting gender, race, class and sexual orientation
- spirituality, cultural healing and psychotherapy
- future directions

*Race, Culture and Psychotherapy* will be of interest not only to practicing psychotherapists, but also to students and researchers in the field of mental health and anyone interested in gaining a better understanding of psychotherapy in a multicultural society.

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Is it you actually who having spare time after that spend it whole day by means of watching television programs or just lying down on the bed? Do you need something totally new? This Race, Culture and Psychotherapy: Critical Perspectives in Multicultural Practice can be the solution, oh how comes? A book you know. You are consequently out of date, spending your free time by reading in this brand-new era is common not a nerd activity. So what these guides have than the others?

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