



El huerto familiar ecológico (ILUSTRADOS INTEGRAL) (Spanish Edition)

Mariano Bueno

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La gran guía práctica del cultivo natural

Cultivar un huerto ecológico es algo más que obtener verduras, frutas y hortalizas de manera natural, ya que los frutos más preciados que se consiguen con su cultivo son los beneficios para la propia salud y la del entorno.

El huerto familiar ecológico, la primera obra y la más completa sobre agricultura biológica escrita por un autor de reconocido prestigio en España, enseña todos los secretos del cultivo más sano y natural, con explicaciones e indicaciones apropiadas a nuestro clima y profusamente ilustrada con detalladas fotografías y dibujos paso a paso.

- Técnicas de cultivo y herramientas.
- Consejos para el cuidado del huerto.

Guía de cultivo de hortalizas, árboles frutales y plantas medicinales.

- Tratamientos naturales de plagas y enfermedades.
- El compost y la fertilización naturales.
- El calendario del agricultor.

El verdadero libro de cabecera para todos aquellos que quieren cultivar un huerto ecológico con éxito y desean vivir en equilibrio con la naturaleza y disfrutar de plena salud.

Mariano Bueno, (Benicarló, 1958)

Experto, pionero y gran divulgador de la agricultura ecológica, la geobiología, la bioconstrucción y las alternativas de vida más saludables en España y Latinoamérica. Su trayectoria personal y profesional le ha permitido abarcar áreas tan multidisciplinarias como la agricultura, la ecología, la biología, la física, la arquitectura, la psicología, la alimentación sana o la salud natural.

Autor de dieciséis libros, su obra más extensa y popular, *El huerto familiar ecológico*, se ha convertido en el libro de cabecera de quienes se animan a practicar la agricultura ecológica y a cultivar alimentos saludables con sus propias manos.

Desarrolla una intensa labor investigadora, divulgadora y docente. Además de los múltiples cursos que imparte, colabora habitualmente con revistas de salud natural o agricultura ecológica, e interviene en programas de radio y televisión.

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