



Field Guide to Wilderness Medicine

Paul S. Auerbach

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Field Guide to Wilderness Medicine - based on Dr. Auerbach's critically acclaimed text *Wilderness Medicine* - offers **fast-access solutions** to all of the **medical situations** that can occur in **non-traditional settings**. From backpack to kayak, or on any mobile device, this **indispensable, compact survival guide** is detailed enough to cover the clinical presentation and treatment of a **full range of wilderness emergencies!**

- **Meet a full-range of emergency situations with the utmost effectiveness.** Appendices address everything from environment-specific situations to lists of essential supplies, medicines, and many additional topics of care.
- **Compare what you are seeing with line drawings and color plates** to quickly and accurately identify skin manifestations, plants, poisonous mushrooms, snakes, spiders, insects, etc.
- **Rapidly retrieve and comprehend wilderness survival information** with the aid of an easily accessible format featuring "Signs and Symptoms" and "Treatment" sections in most chapters - combined with bulleted lists and text boxes.
- **Improvise with available materials so you can diagnose and treat a myriad of medical situations** with step-by-step how-to explanations and the latest practical advice from wilderness medicine experts.
- **Get guidance on the go** with online access to the fully searchable text at **Expert Consult**, plus bonus downloadable files for Survival Kits.
- **Get the wilderness medicine skills you need now** with new chapters on foot problems and care, global humanitarian relief and disaster medicine, Leave No Trace principles, and high-altitude medicine, as well as lists to prepare a variety of survival kits for different settings and patient populations.
- **Improve your competency and readiness** with thoroughly revised chapters on shock, maxillofacial trauma, malaria, improvised litters and carries, aeromedical transport, pain management, life-threatening emergencies, and allergic reactions.

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