



The Vegetable Garden Cookbook: 60 Recipes to Enjoy Your Homegrown Produce

Tobias Rauschenberger

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In this vivid, beautifully-styled cookbook you will find garden-fresh recipes centered on 23 all-star vegetables you can grow in your own home garden. The vegetables featured are: eggplant, cauliflower, beans, broccoli, mushrooms, asparagus, peas, fennel, cucumbers, potatoes, corn, squash, chard, carrots, peppers, parsnips, radishes, beets, spinach, tomatoes, cabbage, zucchini, and onions.

Imagine sun-ripened tomatoes, crisp carrots, and aromatic fennel taking center stage in your next meal. This book is brimming with an array of colorful recipes, from healthy soups and salads, to appetizers, quiches, snacks, and entrees. And although the focus is on the fresh vegetables, there's a little something for everyone; some recipes are vegan, some are vegetarian, and some include meat. Some favorites include: creamy pea soup with bacon foam, stuffed zucchini rolls, Hungarian goulash, beet pizza, and an Asian chard and honey duck sandwich.

Not only does *The Vegetable Garden Cookbook* include 60 savory and creative recipes, but it also offer tips for cultivating, harvesting and preparing home-grown vegetables. This gorgeous book is a must-have for every veggie lover—and its rich and vibrant recipes are sure to inspire even the most stubborn carnivores to incorporate more vegetables into their diets.

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