



O corpo no trabalho de parto (Portuguese Edition)

Eliane Bio

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O trabalho de parto é um período fundamental tanto para a mãe como para o bebê. Assim, este livro demonstra que o bom uso do corpo durante essa etapa favorece condições saudáveis para o nascimento, facilita o parto normal e diminui riscos, desconfortos e dor. Escrito por uma fisioterapeuta, a obra confirma que a experiência do parto traz mais potência para a identidade feminina e para a construção da maternidade.

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