



## **Keeping Love Alive as Memories Fade: The 5 Love Languages and the Alzheimer's Journey**

Debbie Barr, Edward G. Shaw, Gary D. Chapman

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Across America and around the world, the five love languages have revitalized relationships and saved marriages from the brink of disaster. Can they also help individuals, couples, and families cope with the devastating diagnosis of Alzheimer's disease (AD)?

Coauthors Chapman, Shaw, and Barr give a resounding yes. Their innovative application of the five love languages creates an entirely new way to touch the lives of the five million Americans who have Alzheimer's, as well as their fifteen million caregivers. At its heart, this book is about how love gently lifts a corner of dementia's dark curtain to cultivate an emotional connection amid memory loss.

This collaborative, groundbreaking work between a healthcare professional, caregiver, and relationship expert will: Provide an overview of the love languages and Alzheimer's disease, correlate the love languages with the developments of the stages of AD, discuss how both the caregiver and care receiver can apply the love languages, address the challenges and stresses of the caregiver journey, offer personal stories and case studies about maintaining emotional intimacy amidst AD. *Keeping Love Alive as Memories Fade* is heartfelt and easy to apply, providing gentle, focused help for those feeling overwhelmed by the relational toll of Alzheimer's. Its principles have already helped hundreds of families, and it can help yours, too.



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