

# The Everything Health Guide To Thyroid Disease: Professional Advice on Getting the Right Diagnosis, Managing Your Symptoms, And Feeling Great (Everything®)

Theodore C. Friedman, Winnie Yu

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*The Everything Health Guide to Thyroid Disease*, cowritten by acclaimed thyroid specialist, Theodore C. Friedman, is the authoritative handbook you need to help you live with this disease.

### You'll learn about:

- How the thyroid functions and dysfunctions
- Who is at risk for thyroid disease
- Well-known thyroid disorders hyper, hypo, and Grave's disease
- Far-reaching effects (weight loss and gain, anxiety, depression)
- Treatments and living with the disease

Complete with a glossary, additional resources, and even a section on thyroid disease in children, *The Everything Health Guide to Thyroid Disease* is the complete guide for everyday healthy living.



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