

Clinical Guide to Nutrition and Dietary Supplements in Disease Management, 1e

Jennifer R. Jamison MBBCh PhD EdD

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This comprehensive resource uses evidence-based information to support the clinical use of natural herbs, supplements, and nutrients. It includes therapeutic protocols that can be used to manage or support other treatment regimes in promoting health, as well as preventing and treating disease. Key information on indications, doses, interactions, and side effects ensure safe, effective use of natural remedies.



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