



The Smart Guide to Fighting Infections (Smart Guides)

Anne Maczulak

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icrobes that cause infection and disease in people. Understand what your doctor means with the words “contagious,” “virulent,” “E. coli,” and other information on germs. Microbiologist Anne Maczulak gives you a tour of a microbial cell, points out the ways that the body defends against infection and highlights the tactics used by disease-causing microbes to evade those defenses! In this book, you will also learn the truth about vaccines, antibiotics, and cleaning products. In The Smart Guide to Fighting Infections you will learn:

- How to pick the right disinfectant product
- How to take antibiotics so they work
- Never again confuse viruses with bacteria
- Learn a few simple tricks to avoiding infections - avoid getting sick when everyone around you seems to be sneezing and coughing

Make this book work for you for a healthier life by:

- Washing hands the right way
- Avoiding germs at home, at work, and on airplanes
- Knowing the correct use for antiseptics
- Selecting the best ‘green’ cleaners
- Getting the information you need on vaccines

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