



# Atlas of Osteopathic Techniques

*Alexander S. Nicholas, Evan A. Nicholas*

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**Atlas of Osteopathic Techniques** Alexander S. Nicholas, Evan A. Nicholas

This one-of-a-kind reference is ideal for exam preparation and clinical rotations, as well as an excellent refresher for day-to-day clinical practice. Get step-by-step, full-color guidance on manipulative methods commonly taught and used in osteopathic medical education and practice. More than 1,000 vibrant photos and illustrations highlight concise, readable text—all on the same or adjacent page for quick and easy reference. The third edition includes extensive additions to the chapter on cranial techniques, as well as significantly revised overviews of high-velocity, low-amplitude techniques, muscle energy techniques, and counterstrain techniques.

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