



# Understanding 10-11-Year-Olds (The Tavistock Clinic - Understanding Your Child)

*Rebecca Bergese*

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**Understanding 10-11-Year-Olds (The Tavistock Clinic - Understanding Your Child)** Rebecca Bergese  
Understanding 10-11-Year-Olds introduces the challenges that face children as they start to make their transition from childhood into adolescence.

Children at this age begin to express independence and confidence in their capability that may extend beyond their direct experience. Adults caring for their well-being need to monitor the new dimensions in the child's life, such as competitiveness and its impact on relationships at school and at home. Rebecca Bergese guides the reader through the broad range of emotional and social challenges experienced by children as they are encouraged to take on greater responsibility.

This book is essential reading for parents, carers and professionals who are seeking to understand and support a child at this vulnerable stage of development.

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