



More Than Meatballs: From Arancini to Zucchini Fritters and 65 Recipes in Between

Michele Anna Jordan

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Round morsels of bite-sized savory foods—meat, poultry, fish, grains, and vegetables—have never been more popular. Cooks in Turkey, alone, choose from more than 150 traditional recipes for meatballs. It's nearly impossible to get a seat in New York City's Meatball Shop, and food trucks that feature an enormous array of meatballs are popping up all over the United States and beyond.

More Than Meatballs offers dozens of recipes, from classic Italian polpetti and French boule de viande to Spanish and Mexican albondigas, Moroccan merguez meatballs, Sicilian arancini (stuffed risotto balls), and carrot fritters. A final chapter features meatballs in traditional and contemporary contexts, with soups, salads, tacos, sandwiches, and, of course, spaghetti.

In addition, the book offers natural options for gluten-free meatballs and practical suggestions for making your kitchen meatball friendly.

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