



Whale Done Parenting: How to Make Parenting a Positive Experience for You and Your Kids

Ken Blanchard, Thad Lacinak, Chuck Tompkins

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Offers five simple and effective principles for coping with any parenting challenge

- Based on actual killer whale training techniques
- Story format makes this an unusual and entertaining approach for a parenting book

“How is it they can get a killer whale to urinate on cue, and we can’t get our son to pee into the toilet?”

Most parents feel frustrated with their children from time to time, but killer whale trainer-in-training Amy Sheldrake has a unique perspective. She marvels at the complex behaviors her superiors are able to coax out of these enormous beasts, while she and her husband struggle to make their beloved – and much smaller – son Josh obey what seem like the simplest rules.

What does training killer whales have to do with raising children? As this engrossing and unique parenting fable shows, more than you’d think. In their New York Times bestseller *Whale Done*, Ken Blanchard and his coauthors – including two veteran marine mammal trainers – showed how positive training concepts used at places like SeaWorld could be adapted to the workplace. In this new book they apply these same principles to parenting. Once Amy and Matt get the hang of the five *Whale Done* principles, they see a dramatic difference in overcoming challenges like following bedtime routines, dealing with tantrums, introducing new foods, sharing, avoiding overuse of the word no, learning to care for a pet, and instituting time-outs.

The foundation of the *Whale Done* approach is respect. It emphasizes communication and praise rather than obedience and punishment – this is not some Pavlovian primer. *Whale Done* is much more than a set of techniques; it is a way of looking at people and seeing the best that is in them. Great leaders, saints, and sages have developed this skill. Since most of us are less advanced than those paragons, this book can serve as a guide for how to bring out the best in our children.

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