



# The Dynamics of Aging Families: A Handbook for Adult Children

*Bonnie Brown Hartley Ph.D., John W. Gibson DSW*

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This book contains two handbooks; one for aging parents, and one for their adult children. A larger font size was used to assist aging family members. "The Dynamics of Aging Families by Gibson and Hartley, including 'A Handbook for Adult Children' and 'A Handbook for Aging Parents' in one volume, invites the reader to face the changes and challenges of aging. The authors keep the reader engaged and challenged by practical suggestions and sound theory, including 'fire drills,' 'tips for tough conversations' and 'when your parents live far away'. Immensely readable and helpful, The Dynamics of Aging Families is a must read for all of us who are facing or will face the aging process." Jane Hilburt-Davis, Founding Principal, Key Resources, President, Family Firm Institute

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