



Dying to Survive: Surviving Drug Addiction: A Personal Journey through Drug Addiction

Rachael Keogh

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The remarkable No 1 bestselling memoir that everyone's talking about:

"An inspiration" Alison O'Reilly, Sky News

"100% worthwhile" Belfast Telegraph

"makes us realise how lucky we are" Amanda Brunker

"This is an incredible story, told completely straight — no sensationalism, no self-pity and plenty of wicked humour thrown in. Gripping, extraordinary and so shocking you have to keep reminding yourself that this really happens — this is one all teenagers and parents should read. Hell, it should be on the school curriculum", Evening Echo

In her early twenties, Rachael Keogh was a desperate heroin addict. Her addiction to the drug took her to a place about as low as a person can go. She stole and turned to prostitution to help her feed her habit. Rachel had grown up in Ballymun and had, like many others, succumbed to the lure of drugs during her teenage years. This is Rachael Keogh's own story written in her own words. She is now thirty, a student of psychotherapy, an attractive and optimistic young woman. Her story is a remarkable account of recovery from the very edge of personal destruction. It is a heart-lifting story of human redemption.

Rachael Keogh is a thirty year old Dubliner, the mother of a baby boy, and a student.

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