



Chronic Pain and Family

Ranjan Roy

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Chronic pain affects every facet of a patient's life, and nowhere is this more evident than in the complex arena of family life. *Chronic Pain and Family: a Clinical Perspective* examines typical family issues associated with prolonged illness, offering realistic ways to approach them in therapy. Informed by current practice and his own experience, noted author/clinician Ranjan Roy brings fresh insights to common pain scenarios and therapeutic impasses, and provides a framework for assessing marital and family relationships when chronic pain is a defining factor. Clinicians will get not only a clearer understanding of sensitive issues, but also effective strategies for engaging clients without turning them off. Coverage includes: - Meanings of pain in relationships - 'Who Does What?': exploring changes in family roles - Resistance to treatment: why it occurs and how to work through it - Health concerns and other burdens on well spouses and children - Sexuality, domestic abuse, and other 'silent' issues - Case examples demonstrating therapy step-by-step with a range of couples and families For therapists and social workers who deal with this growing population of patients, *Chronic Pain and Family: A Clinical Perspective* stands at a unique intersection of pain/disability and family resources. Roy's recognition of the family's changing demographics together with his synthesis of clinical knowledge make the book suitable for graduate-level courses as well.

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Betty Bass:

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